



### Why RIDE?

Ride for thousands of Southern Illinoisans with epilepsy who have uncontrolled

seizures despite all the treatments currently available.



### Why RUN?

Run for the newly diagnosed individuals and families in Southern Illinois that need help each year.

We offer direct support, information, and referrals.



### Why WALK?

Walk for all of the school children in Southern Illinois with epilepsy. We

train school nurses, teachers and support parents so that kids with epilepsy succeed in the classroom.



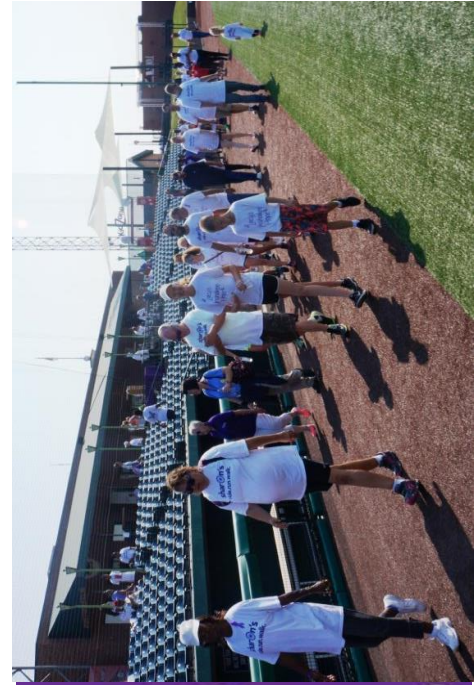
### Why CELEBRATE?

We join together to celebrate our epilepsy community with friends and

loved ones who care and rally to raise awareness.



3515 North Belt West  
Belleville, IL 62226



Epilepsy Foundation of Greater Southern Illinois

September 15, 2018

An event for Southern Illinois and the Gateway Region

## WHO IS SHARON?



**Sharon's Ride. Run. Walk.** was founded by Dr. William Rosenfeld and Dr. Susan Lippmann to honor Dr. Rosenfeld's sister, Sharon, who was killed on a cross country bike ride in 1993. Sharon was a teacher and a nurse who cared deeply for people with epilepsy and advocated for helmet safety.

## WHAT IS EPILEPSY?

Epilepsy (recurring seizures) are temporary electrical changes in the brain resulting in seizures, ranging from momentary staring spells to life-threatening convulsions. **1 in 26 people will develop epilepsy in their lifetime.** A leading cause of epilepsy is head trauma. Wearing helmets while riding a bicycle, horse, skates, or participating in any head injury prone sport can reduce the number of new cases of epilepsy.

## YOU CAN HELP!

Join us to lead the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. EDUCATE... ADVOCATE ... CURE

## WE THANK YOU!

Every dollar raised at Sharon's Ride. Run. Walk. stays right here in Southern Illinois to support over 11,000 Southern Illinoisans living with epilepsy.

## DETAILS

**Date:** September 15, 2018  
(Rain or Shine)

**Location:** Gateway Grizzlies Stadium  
2301 Grizzlie Bear Blvd.  
Sauget, IL 62206

**Time Schedule**

8:00 am	Registration
9:00 am	Family Fun or 15K Bike Ride
10:00 am	5K Run
10:30 am	1 Mile Walk
11:00 am	Free Lunch

### Family Fun Activities

Face Painting	Games
Play Ball on the Field	Obstacle Course
Balloon Making	Pictures with Izzy
And Shriner's Clowns...	

## START A TEAM!

Registration fee is waived for Team Captains with teams of 10 or more. Invite your friends, family, co-workers, school, church or club to support/join your team. This fun event offers great visibility for your business and organization.



## REGISTRATION FORM 2018

Or register online at [www.efgreatersil.org](http://www.efgreatersil.org)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Team Name (If applicable) \_\_\_\_\_

### Entry Fees

- Individual – 13 years and older, \$25 each
- Children – 12 years and under, \$15 each

### T-Shirt Sizes (please list quantities of each)

YS \_\_\_ YM \_\_\_ AS \_\_\_ AM \_\_\_ AL \_\_\_ AXL \_\_\_ A2X \_\_\_

List all participants below:

\_\_\_\_\_  
\_\_\_\_\_

I am not able to participate in Sharon's Ride. Run. Walk. but want to make a donation. Enclosed is my check for:

\$500 \$250 \$100 \$50 \$25 Other \$ \_\_\_\_\_

Complete this form and mail it along with your check payable to:

**Epilepsy Foundation of Greater Southern Illinois**  
3515 North Belt West  
Belleville, IL 62226

WAIVER: Helmets are required for riders. I hereby waive all claims against the Epilepsy Foundation of Greater Southern Illinois, sponsors, organizers, or any individual employed by or acting on behalf of the foregoing, as well as any organization or other entities that permit riders access to their premises, for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs and video footage of me and quotations from me in legitimate accounts and promotions of this event. Entries from minors will only be accepted with a parent or legal guardian's signature.

Signature \_\_\_\_\_  
(parent or guardian's signature, if less than 18 years of age)